



**St John**

# Accompanied Activities

Stay socially connected and  
live your best life.



1300 785 646

# Keep doing the things that you love

If you need help to get out and about and stay socially connected to your community then we can help. St John Ambulance Qld accompanied activities are delivered by a team of caring professional support workers who are sensitive to your individual needs. Our service is flexible and lets you stay connected to your community in a way that suits you. Available in north Brisbane, Redcliffe, Caboolture, Maryborough, Hervey Bay and Bundaberg.



## Day to day outings

This service allows you to still physically access shops, markets, the post office or bank within your local suburb while having the support and assistance of a friendly St John Qld support worker.



## Health appointments

Assistance and support to attend health and medical appointments such as going to the doctor, therapies, the pharmacy, getting a blood test or getting vaccinated.



## Social outings

Support to help you attend social, recreational or leisure activities such as seeing a movie, attending a craft class, or going out for a coffee.



To sign up please contact St John Qld Community Care and Support Services by phoning 1300 785 646 or email [intake@stjohnqld.com.au](mailto:intake@stjohnqld.com.au)