

Low Voltage Rescue & CPR

COURSE INFORMATION

This course provides the skills and knowledge required to perform a rescue from a live low-voltage (LV) electrical panel and to perform CPR in line with Australian Resuscitation Council (ARC) guidelines for both workplace and community settings.

This course covers the following accredited courses:

- HLTAID009 Provide cardiopulmonary resuscitation
- UETDRMP018 Perform rescue from a live low voltage panel

COURSE DURATION AND DELIVERY MODES

St John offers the following options:

- **7.5 hours (face to face traditional workshop):** This is a full face to face course and participants are required to attend the full workshop.
- **6 hours (face to face immersive workshop):** This is a face-to-face course with enhanced digital technology, video-based scenarios and interactive activities. Participants are required to attend full workshop.
- **5.5 hours (face to face immersive workshop with pre-learning):** This is face to face course with enhanced digital technology, video-based scenarios and interactive activities. Participants MUST complete the pre-learning module prior to attending the face-to-face workshop.

PRE-REQUISITE REQUIREMENT

This course requires participants to complete the following unit/s prior to commencement of the core units:

- HLTAID009 Provide cardiopulmonary resuscitation

ENTRY REQUIREMENTS

Participants must:

- Provide a valid Unique Student Identifier (USI) at enrolment
- Provide photo ID at attendance
- Have physical capacity to perform a rescue
- Be able to perform 2 minutes of CPR on a manikin on the floor

(Reasonable adjustments may be available; however, participants must demonstrate CPR on the floor for 2 minutes to be deemed competent)

- Have access to a reliable device (e.g., computer, laptop, or smart phone) connected to the internet for courses with pre-learning.
- Complete all pre-learning before the workshop (if applicable)
- Have sufficient Language, Literacy, Numeracy and Digital (LLND) skills to follow course requirements, instructions, and effectively participate in assessments and practical rescue tasks.

If you require any additional support or reasonable adjustments, please inform St John at booking or before enrolment; for enquiries, contact your St John State/Territory office or visit www.stjohn.org.au, or call 1300 ST JOHN.

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WHO SHOULD ENROL

This course is for individuals in the electrotechnology and electricity supply industries who need to maintain LVR and CPR skills, including electricians, line workers, technicians, apprentices, and those exposed to live LV panels or required to demonstrate safe, time-critical LV rescue in line with WHS/OHS and industry standards.

COURSE OUTLINE

This course covers the below key highlights:

- Apply the DRSABCD action plan
- Perform adult and infant CPR in line with ARC guidelines
- Use an AED safely and effectively
- Identify electrical hazards and follow safe work practices
- Perform a low-voltage panel rescue using correct equipment and PPE
- Provide immediate casualty care during electrical incidents
- Follow isolation, emergency response, and workplace procedures
- Undertake all required practical rescue and CPR assessments

ASSESSMENT INFORMATION

A successful outcome for this statement of attainment will be determined by a range of different methods including written assessment, observation of simulated and practical activities etc.

LOCATIONS

St John delivers courses nationally and across many locations in Australia. Choose location as per your needs

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| • PUBLIC (at a venue near you) | • CUSTOMISED (on-site consultation) |
| • ONSITE (at a venue of your choice) | • BLENDED (online learning & face-to-face session) |

DELIVERY BY ST JOHN'S THIRD PARTIES

St John Ambulance Australia's courses are delivered by way of third-party arrangements (e.g. with State or Territory St John Ambulance organisations). Our third-party agents deliver nationally accredited training and assessment on behalf of St John Ambulance Australia Ltd. (TOID 88041). Contact details for St John's third-party organisations are available from www.stjohn.org.au or call 1300 ST JOHN.

PARTICIPANT HANDBOOK

Download the Participant's Handbook from www.stjohn.org.au for more information about completing a course with St John Ambulance Australia. This includes information about complaints, appeals and privacy of information. We actively tailor training to meet the needs of people from diverse backgrounds and abilities and encourage all to apply.

Training and Assessment for this course is conducted by authorised third-party providers on behalf of St John Ambulance Australia Ltd (RTO 88041)