



Occupational first aid



COURSE INFORMATION

The course covers a broad range of advanced skills and provides you with high level skills in management of large incidents, major trauma, sudden cardiac arrest and emotionally disturbed and drug affected casualties.

This course also covers the skills and knowledge required to use specialised equipment in the provision of resuscitation and oxygen therapy in line with the Australian Resuscitation Council (ARC) guidelines. In addition to the above the course provides the skills and knowledge required to establish, maintain and facilitate the provision of appropriate first aid in the workplace. It is applicable to workers in nominated occupational first aid or management roles.

ENTRY REQUIREMENTS

For participants interested in enrolling in this course:

- Must provide a valid Unique Student Identifier (USI) at the time of enrolment.
- For courses with pre-learning, access to a reliable device (e.g., computer, laptop, or smart phone) connected to the internet is required.
- Must complete pre-learning before coming to class as topics covered in pre-learning are not covered in the classroom.
- Must be able to perform CPR on a manikin on the floor for 2 minutes.

PREREQUISITE

Participants are required to undertake or present evidence for HLTAID011 Provide First Aid prior to commencing HLTAID015 Provide advanced resuscitation and oxygen therapy.

PARTICIPANT COHORT

Participants are drawn from across the Australian community as first aid is considered an important life skill.

This training is appropriate for individuals within workplace settings as well as members of the public seeking advanced level of first aid education. It is particularly beneficial for participants employed in high-risk settings, those serving as primary responders in larger facilities or groups, or individuals working in locations where assistance might be delayed or reaching casualties may be challenging.

COURSE DURATION AND DELIVERY MODES

St John offers the following options:

- **4.5 days face to face workshop:** This is full face to face course and participants are required to attend all 4.5 days. Those participants who have completed HLTAID011 Provide First Aid in last twelve (12) months may be entitled to an exemption from the first two days.
- **2.5 days (face to face workshops with pre-work):** This is face to face course and with online prework. Participants are required to undertake online e-learning module prior to attending the face-to-face workshops for practice and assessment. Those participants who have completed HLTAID011 Provide First Aid in last twelve (12) months may be entitled to an exemption from the first day.
- **Assessment only:** The assessment only option will particularly suit participants who regularly apply first aid skills and engage in ongoing learning about first aid.

COURSE OUTLINE

The course covers the following topics including others:

- Major trauma management
- Triage
- Use of spine boards and stretchers
- Pulse, blood pressure and pupil reactions
- Medications and Pain management
- Drug and alcohol affected casualties
- DRSABCD action plan
- Automated external defibrillation (AED)
- Soft bag resuscitation
- Administration of oxygen
- Oxygen delivery systems
- Oxygen powered resuscitation
- Oropharyngeal airways
- Suction equipment
- Workplace first aid requirements and records

CERTIFICATE

On successful completion of this course, you will be issued a statement of attainment in:

- HLTAID009 Provide cardiopulmonary resuscitation
- HLTAID010 Provide basic emergency life support
- HLTAID011 Provide First Aid
- HLTAID014 Provide Advanced First Aid
- HLTAID015 Provide advanced resuscitation and oxygen therapy



- HLTAID016 Manage first aid services and resources

St John Ambulance advises, in accordance with The Safe Work Australia model Code of Practice: First Aid in the Workplace and the guidelines of the Australian Resuscitation Council, first aid skills are renewed every 3 years and resuscitation skills are renewed every 12 months.

ASSESSMENT METHODS

A successful outcome for this statement of attainment will be determined by a range of different methods including written assessment, observation of simulated and practical activities etc.

LOCATIONS

St John delivers first aid courses nationally and across many locations in Australia. Choose the location to suit your needs.

- PUBLIC (at a venue near you)
- CUSTOMISED (on-site consultation)
- ONSITE (at a venue of your choice)
- ONLINE (training delivered online from our e-Learning platform)

DELIVERY BY ST JOHN'S THIRD PARTIES

St John Ambulance Australia's courses are delivered by way of third-party arrangements (e.g., with State or Territory St John Ambulance organisations). Our third-party agents deliver nationally accredited training and assessment on behalf of St John Ambulance Australia Ltd. (TOID 88041). Contact details for St John's third-party organisations are available from www.stjohn.org.au or call 1300 ST JOHN.

PARTICIPANT HANDBOOK

Download the *Participant's Handbook* from www.stjohn.org.au for more information about completing a course with St John Ambulance Australia. This includes information about complaints, appeals and privacy information.

We actively tailor training to meet the needs of people from diverse backgrounds and abilities and encourage all to apply.



For more information on this course, contact the Training Office in your area
1300 ST JOHN (1300 785 646) WWW.STJOHN.ORG.AU