

St John Ambulance Queensland

An outline of opportunities to give back and get out there by volunteering in your local community



### About St John Ambulance Qld

For over 130 years, the nature of how we support individuals, employers, associations and the broader Queensland community continues to grow and evolve. However, our mission has always stayed the same. We are dedicated to enhancing the lives of Queenslanders, their families, and the community through the delivery of innovative training, first aid, and community social support services.

Vision: Our vision is to be the charity of choice, dedicated to the service of humanity, enhancing the lives of all people and their communities, and a trusted partner through their life's journey, a leader in the field in first aid and community health resilience.

Mission: With you for life - we sustainably serve our community by building capacity, resilience and wellbeing.

Values:



Humanity



Excellence



Respect & Integrity



Diversity



Collaboration & Innovation

# Volunteering with St John

For some it's a chance to give back to the community, and for others it's a valuable opportunity to develop new skills or share existing skills. What unites our volunteers is their passion and commitment to make a tangible difference in the community.

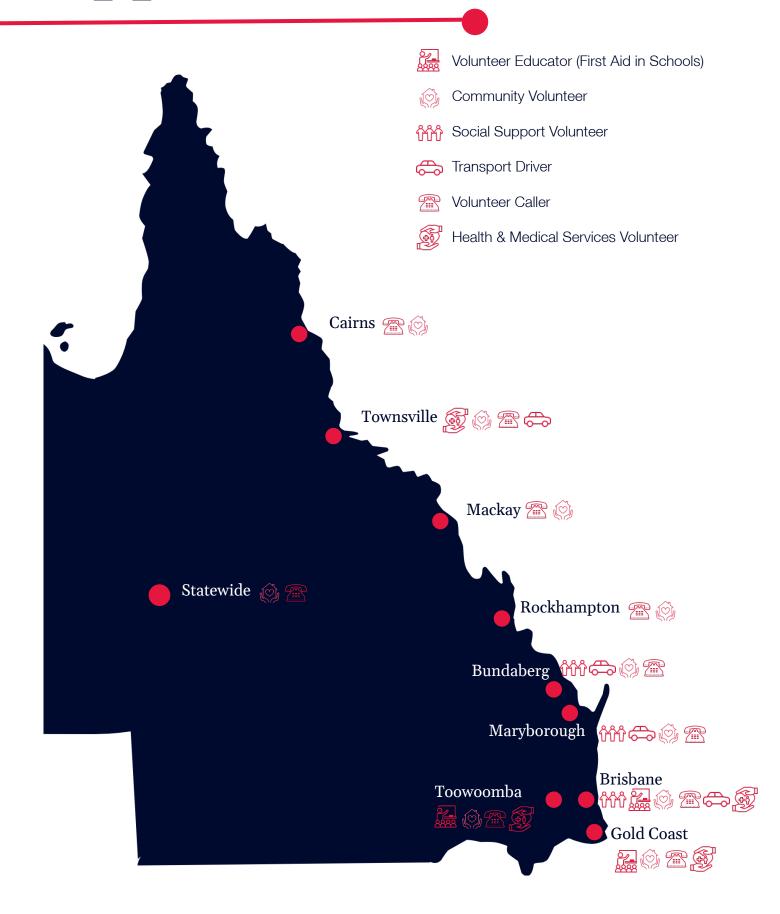
Our volunteers help people from all stages of life - from teaching first aid awareness to children, to providing connection and support to older people either in aged care facilities or in their local community. At St John Ambulance Qld we are 'With you for life'.

Join us in lifting our most vulnerable people. There are so many ways to volunteer with St John Ambulance Qld. Together we can make it better for all Queenslanders.

#### Why volunteer?

- · Help to make an impact in your community
- Share your skills with others and learn some new skills along the way
- Meet people and be a part of a friendly and engaging team
- Help support our fight to combat isolation in our community
- Have the opportunity to gain real world experience
- Have fun in an environment where you can feel like you are making difference

# Volunteering opportunities



#### Volunteer Educator

#### **First Aid in Schools**



Put your knowledge and passion of first aid to good use and train the next generation in essential live saving skills!

First Aid in Schools (FAiS) Volunteer Educators help St John Ambulance Qld deliver free first aid awareness sessions to primary school students in Queensland. Sessions are delivered either face-to-face in a classroom or online.

The FAiS program is an innovative program designed to help primary school aged children become skilled and confident in recognising the need for first aid, while practising safety, accessing emergency services when necessary and applying basic first aid skills.

Commitment required: variable from 1-2 shifts per month (during school hours)

Location: Brisbane, Sunshine Coast, Gold Coast

#### Requirements:

Ability to obtain a blue card and National Police Check (paid for by St John Ambulance Qld) Covid-19 vaccination



#### Community Volunteer

#### Home Visiting Services



St John Ambulance Qld is taking a new approach to reducing isolation for older community members. We are looking for a hands-on diverse team of volunteers to support us to help our community. Bring a smile and provide connection and friendship to the people in your community by visiting them in their own home or Aged Care Facility. Skills required for this role: ... you must like drinking tea, coffee or water, love a chat and be passionate about making a difference in someone's life.

Isolation is such a concern for older people in our community. Many of our clients just need someone to connect with – play scrabble or chess with – or just to be there! Some people love a giggle or two or even listening (and singing) to their favourite tunes. Learn something from the wiser generation, or perhaps share your own hobbies and make someone's day!

Commitment required: 1 hour each fortnight

Location: State-wide

Requirements:
Aged over 18
Ability to obtain a National Police Check (paid for by St John Ambulance Qld)
Covid-19 vaccination



#### Transport Driver

#### **Transport Services**



If you love driving and meeting new people then this is the role for you! St John Ambulance Qld provides door-to-door transport to people aged over 65, people with disabilities and those who are transport disadvantaged. Greet clients at their door with a big smile before helping them into a St John vehicle and getting them to where they need to go. No two shifts are ever the same and you'll be helping people to safely access places like hospitals, medical appointments, shopping centres, cafes and recreational activities.

Commitment required: 1-2 shifts per week

Location: North Brisbane, Maryborough, Hervey Bay, Bundaberg, Townsville

Requirements:
Aged over 25
Ability to obtain a blue card and National Police Check (paid for by St John Ambulance Qld)
Covid-19 vaccination
Open Drivers Licence
Ability to obtain a Restricted Driver Authorisation



#### Social Support Volunteer

## Accompanied and Group Activities



Isolation is sadly increasing at a rapid rate within the community, which means we are searching for enthusiastic and friendly volunteers to accompany clients to feel supported whilst undertaking social activities. Social activities include outings such as assisting clients to complete their shopping, attending medical appointments, and even accompanying clients on our group social trips to events such as lunches, river cruises and visits to museums.

Within this team you will have the opportunity to interact with a wide range of individuals within the aging community and brighten their day, while getting out and experiencing what's on offer in your vibrant community.

Commitment required: 1-2 shifts per week

Location: North Brisbane, Maryborough, Hervey Bay, Bundaberg

Requirements:
Aged over 18
Ability to obtain a National Police Check (paid for by St John Ambulance Qld)
Covid-19 vaccination



#### Volunteer Caller

## Community Calls Service



Looking for an incredibly easy way to volunteer that also has a massive impact on the lives of vulnerable people? All you need is a phone, a listening ear, a positive attitude and some time to give.

Our Community Calls service is a Queensland-wide telephone reassurance service aimed at improving social connections to those who are isolated, lonely or would appreciate a friendly chat.

St John Qld Volunteer Callers provide regular phone calls to older people in the Queensland community in the form of friendship calls or security calls (a daily wellbeing check in).

Commitment required: 30 minutes per week for friendship calls / 5 minute per day for security calls

Location: State-wide

Requirements:
Aged over 18
Ability to obtain a National Police Check (paid for by St John Ambulance Qld)
Covid-19 vaccination



Health & Medical Volunteer

#### Health and Medical Services



Our Health and Medical Services (HMS) team attend various events to provide support and first aid services to our local and regional communities. We rely on passionate and committed people like doctors, paramedics, nurses and advanced responders from the health and medical sector to use their knowledge and skills to truly make an impact to the safety and wellbeing of their community.

Commitment required: 60 hours per year

Location: Brisbane, Gold Coast, Sunshine Coast, Toowoomba, Townsville

Requirements:

Aged over 18

Ability to obtain a blue card and National Police Check (paid for by St John Ambulance Qld)

Covid-19 vaccination

Current Provide First Aid and CPR qualification

### Become a volunteer

**Enquiry** 

Contact us for information about volunteering







**Apply** 

Complete our volunteer application form online here or scan the QR code.



**Screening and interview** 

Participate in a screening interview with a member of our team and complete probity checks.

**Volunteer Induction** 

Complete our Volunteer Induction and relevant training.

Start making a difference Once you've been inducted and trained you're set to start making a difference to your community as a valuable St John Ambulance Qld volunteer.