

2021

# Products & Services





St John Qld has a proud history of providing community support services across Queensland. These services are delivered through government funding, direct partnerships and profits from our other commercial activities.

*We envision a diverse and inclusive community, where people are respected and enabled to make informed choices about the types of care they receive, in order to live their lives as they choose - regardless of age or disability.*



**Transport Services**  
A reliable, pre-booked and cost-effective transport solution enabling people to access their community.



**Community Visitors Scheme**  
A free service for those receiving a Government funded Home Care Package or living in a subsidised aged care home for those who would like to improve their social connections through regular visits from a volunteer.



**Medical alarms & Personal Safety**  
A fully monitored medical alarm with optional falls detection to keep a person safe and independent in their own home.



**Hospital Services**  
Providing support to Logan and Caboolture Hospitals, our team of St John Qld volunteers assist with various services from way-finding, concierge and administration support.



**Phone Services**  
A telephone reassurance service aimed at improving social connections through regular telephone calls with a like-minded volunteer.

**Contact us today.**

1300 785 646 | [enquiries@stjohnqld.com.au](mailto:enquiries@stjohnqld.com.au)



**We have been teaching Queenslanders lifesaving first aid skills for 130 years. We deliver nationally recognised training in partnership with St John Ambulance Australia Ltd. (RTO 88041).**

From CPR, to Occupational Health, to Mental Health & crisis support – or something fully customised to your specific workplace - we have the right course for your employees.

Having qualified and confident first aiders in your workplace is good business, and good for business.

Every workplace also needs to conduct regular general emergency (fire) evacuation training for their workers, to meet their legal obligations under the Qld Building Fire Safety Regulations. We can combine this with training in First-Response Evacuation Instructions (fire extinguisher training) and an evacuation practice.

All courses are available on-site for groups or as individual bookings.

### Recommended Training

	Supervisors	Remote Workers	Trade Workers	Electricians
Provide CPR	✓	✓	✓	✓
Provide First Aid	✓	✓	✓	✓
Remote Area First Aid		✓		
Occupational First Aid		✓		
Low Voltage Rescue		✓	✓	✓
Mental Health First Aid	✓	✓	✓	✓

### Nationally Recognised Courses

**Provide First Aid** HLTAID011

**Provide CPR**

HLTAID009 Provide cardiopulmonary resuscitation

**Remote Area First Aid**

HLTAID005 Provide first aid in remote situations

**Emergencies in the Workplace**

22300VIC Course in First Aid Management of Anaphylaxis

**Combined Asthma & Anaphylaxis**

22282VIC Course in the Management of Asthma Risks and Anaphylaxis



**Flexible delivery available including combined classroom and e-learning, and assessment only formats.**

**Advanced First Aid**

HLTAID006 Provide advanced first aid

HLTAID007 Provide advanced resuscitation

**Occupational First Aid**

HLTSS00027 Occupational first aid

**First Aid In Childcare**

HLTAID012 Provide an emergency first aid response in an education and care setting

**Low Voltage Rescue**

UETTDRRF06B Perform rescue from a live LV panel



St John Ambulance Australia Queensland delivers nationally recognized training in partnership with St John Ambulance Australia Inc. (RTO 88041)

**Contact us today.**

1300 785 646 | [enquiries@stjohnqld.com.au](mailto:enquiries@stjohnqld.com.au)



# Mental Health & Wellbeing Training

In the workplace, mental illness is a leading cause of lost productivity not only through time off, but also through the illness causing the worker difficulty in functioning in the workplace.

Untreated mental health conditions cost Australian workplaces approximately \$10.9 billion per year.<sup>1</sup>

This staggering figure highlights the prevalence of mental health conditions in society and the need to provide adequate support in the workplace.

For every \$1 that is invested in creating a mentally healthy workplace, there is a \$2.30 positive return on investment (ROI).<sup>2</sup>

<sup>1</sup> TNS 2014, State of Workplace Mental Health in Australia

<sup>2</sup> PwC2014, Creating a mentally healthy workplace: return on investment analysis



St John Qld runs a suite of courses which provide participants with information on common mental illnesses, including depression and anxiety, as well as post-traumatic stress, suicidal thoughts and substance use disorders.

Participants will learn how to identify people who may be suffering from mental health problems, provide initial support and refer to professional services where appropriate.

Participants will also learn how to promote a mentally healthy workplace and develop strategies on how to look after themselves.



**Each year approximately one in five Australians suffer symptoms of a common mental illness such as depression or anxiety.**

## Nationally Recognised Courses

Mental Health & Crisis Support  
CHCCCS019 Recognise and respond to crisis situations

## Mental Health

### First Aid Australia Courses

Standard Mental Health First Aid  
Youth Mental Health First Aid  
Older Person Mental Health First Aid

## Non-Accredited Courses

Resilience – Looking after myself  
First Aid for the Mind  
Better Mental Health in the Construction Industry



St John Ambulance Australia Queensland delivers nationally recognized training in partnership with St John Ambulance Australia Inc. (RTO 88041)

**Contact us today.**

1300 785 646 | [enquiries@stjohnqld.com.au](mailto:enquiries@stjohnqld.com.au)



Many businesses aren't sure what they really need when it comes to first aid in the workplace. We can conduct a review of your workplace and provide you with a report and recommendations on your first aid needs. We will work with you to equip your workplace within your budget.

Save your business from:

- Increased risk of legal action
- Workplace cover premiums
- Staff members needing recovery time off
- Workplace disruptions
- Staff dissatisfaction, and a sense of not having their health and safety valued.



**We can offer your business a thorough and professional check-up of your WH&S needs, including kits, equipment and signage**

## OH&S Legislation Compliance

OH&S legislation requires workplaces have an appropriate number of first aid kits, and that they keep them adequately stocked. The St John Qld restocking service will keep your kits stocked and help to ensure your business is compliant with current workplace guidelines.



## On-Site Service

We will:

- ensure the kits are in good order and labelling is adequate.
- restock first aid items as per the standards, and help you identify commonly used items.
- service your defibrillator, ensuring it is in working order and the battery is in good condition.
- update the servicing card, highlighting the last and next due service dates.



## Self Service or Direct Order

You can always order any products or supplies from us directly. Talk to our team about your ordering options, and to provide a quote.

Contact us today.

1300 785 646 | enquiries@stjohnqld.com.au



# Supply of First Aid Products & Equipment

In the event of a serious injury or illness, quick access to the kit is vital. First aid kits should be kept in a prominent, accessible location and able to be retrieved promptly. Access should also be ensured in security-controlled workplaces.

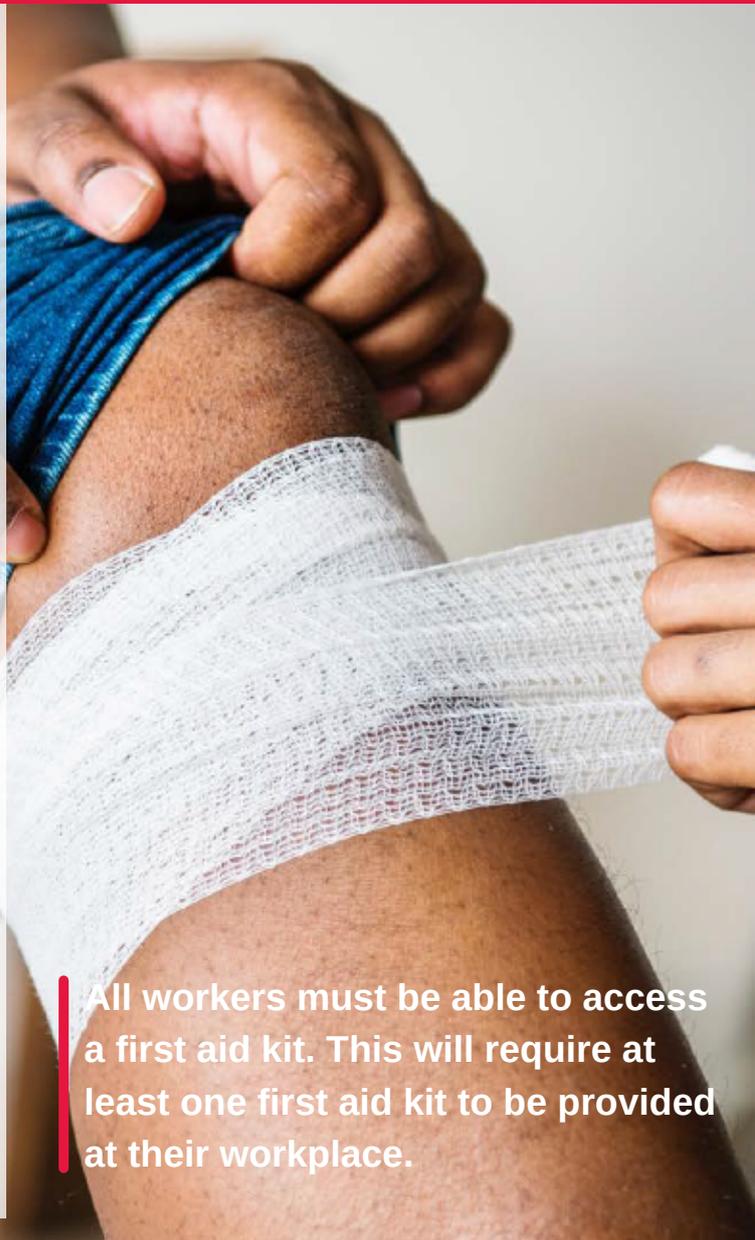
First aid kits should be located close to areas where there is a higher risk of injury or illness. For example, a school with a science laboratory or carpentry workshop should have first aid kits located in these areas.

If the workplace occupies several floors in a multi-storey building, at least one kit should be located on every second floor. Emergency floor plans displayed in the workplace should include the location of first aid kits.

**St John QLD is TGA licenced to build first aid kits in our facility at Morningside, Brisbane. This allows us to build custom first aid kits for our customers.**

## First Aid Kits

- We can provide standard or custom first aid kits for all environments.
- Our kits and components come in various sizes and applications, to cover both indoor and outdoor environments. This can include wall mounts, and soft or hard casing.
- We pride ourselves on high-quality and durable products.
- Our expert team can work with you to fully customise your first aid kits to suit your business.



**All workers must be able to access a first aid kit. This will require at least one first aid kit to be provided at their workplace.**

The size of your workplace or organisation, the number of employees and the nature of your work will help determine what first aid kits and products are right for you, and how many you should have. Let us partner with you to find the right supplies and equipment for your workplace or organisation.

## First Aid Supplies

All first aid kit items can be purchased separately, and specialist items are available upon request. Talk to us about products that are available to purchase in bulk.

Our team will work closely with you to implement appropriate training, products and services to help your workplace be ready to deal with accidents or illness.

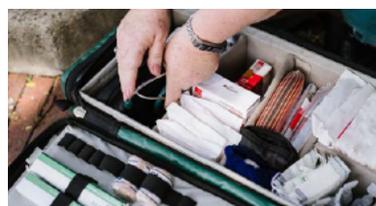
This will include standardised, clear signage to identify the location of first aid facilities and equipment, as well as first aid information sheets.

## First Aid Rooms

A first aid room should be established at the workplace if a risk assessment indicates that it would be difficult to administer appropriate first aid unless a first aid room is provided. For example, workers who carry out work at workplaces where there is a higher risk of serious injury or illness occurring that would not only require immediate first aid, but also further treatment by an emergency service, may benefit from having access to a dedicated first aid room.

A first aid room is recommended for:

- low risk workplaces with 200 workers or more
- high risk workplaces with 100 workers or more



Contact us today.

1300 785 646 | [enquiries@stjohnqld.com.au](mailto:enquiries@stjohnqld.com.au)



# Automated External Defibrillators (AEDs)

SCA occurs when the electrical system to the heart malfunctions, causing the heart to beat ineffectively. It can be the result of something simple, like taking a sudden knock, or the outcome of something more complex, like an underlying medical condition - and it often occurs with no warning.

Your workplace should have an AED on-site. After all, any one of those 33,000 SCAs per year could happen in your business or place of regular employment.

It's also worth considering whether defibrillators should be fitted in work vehicles - especially if employees are involved in physical tasks on the road.

After all - what's the cost of a life? Together we can work to increase the survival rate from 10% to 11%. Then 12%. And we'll keep going.

AEDs are safe and easy to use:

- Semi or fully automated models available.
- Visual and voice prompts guide and coach the user through CPR and defibrillation in real time.
- Dual-language capabilities in some models.
- Programs assess the status of a person's heart and only deliver a shock when needed - they will not shock a normal heart beat.
- Switch to child mode for reduced energy and CPR guidance for patients aged 8 or under.
- Anyone can use a defibrillator but training is recommended to give the user greater confidence in the event of a stressful emergency situation.

**A patient is far more likely to survive a sudden cardiac arrest if the attending first aider uses an AED, in combination with CPR. For every minute that passes without defibrillation, their chance of survival drops by another 10%.**

**Every year around 33,000 Australians suffer a Sudden Cardiac Arrest (SCA) and, unfortunately, only 10% of patients survive.**



*If your workplace doesn't have an AED, ask yourself: is your workplace more than a 5 minute drive from an ambulance station? Does your office employ more than 50 people? Are you involved in physical work?*

If the answer to any of those questions is 'Yes', you should be purchasing and installing an AED.

St John Qld stocks a range of high-quality, trusted Automated External Defibrillators (AEDs). We can advise you on which models will work best for your needs.

## Save with Defibrillator Bundles

We've put together packs that include everything you need to set up an AED in your venue or workplace. The bundle packs give you great value and peace of mind.

## Featured: St John G5 Defib

The St John G5 fully automatic defibrillator with CPR analyses patient's heart rhythm in seconds and delivers a customised shock for each patient. Coupled with military tested ruggedness and an IP55 against dust and water and the most comprehensive self-testing of any AED, the St John G5 defibrillator is ready to rescue.

## Bundled with the St John G5 AED with CPR is:

- AED Ready pack (618008)
- White alarmed cabinet (353836)
- AED 90degree poly sign (434860)
- DRSABCD plan A2 (388811)

**\$2,400**



Contact us today.

1300 785 646 | enquiries@stjohnqld.com.au

St John Qld acknowledges Aboriginal and Torres Strait Islander peoples as Australia's first peoples and as the Traditional Owners and custodians of the land and water on which we rely. We further acknowledge the cultural diversity of all Aboriginal and Torres Strait Islander peoples and pay respect to Elders past, present and future. We embrace the spirit of reconciliation for a just and equitable Australia.



## CONTACT US



Phone: 1300 785 646



Email: [enquiries@stjohnqld.com.au](mailto:enquiries@stjohnqld.com.au)



[www.stjohnqld.com.au](http://www.stjohnqld.com.au)

St John Qld is a self-funded charity. By choosing St John Qld as your first aid, training and community services provider, you help us continue charitable work in the community



**St John**